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THE X4 Labs EXTENDER

The X4 Labs Extender functions as a penis enlargement device employing the use of traction force. Engineered with medical-grade plastic and metals, the extender is ready for use without any medical supervision required.

As previously mentioned, the extender is designed to enlarge through the use of traction force. This natural method was originally employed by several indigenous tribes from around the world for the purpose of extending earlobe and lip size. This principle led to the discovery that was perfected by X4 Labs Extender. The application of this same natural method to penile enlargement has since gained popularity and true success.

Studies have shown that the X4 Labs Extender yields considerable enlargement results for all tested subjects who used the device in accordance with this manual. Enlargement is permanent and affects both length and girth. This device will not interfere with any penile functions such as sexual pleasure, erections, reproductive capacities or urination. In fact most users report fuller, more consistent erections due to increased blood flow to the penis.

After a 2-3 month test period, subjects yielded an average of 24% increase in penis lengthening. The device can be used daily to gain maximum results. The degree of enlargement is directly proportionate to the daily hours of usage. Contrary to popular belief, it is not necessary to wear the X4 Labs Extender for long consecutive periods of time to achieve results. The hours of use can be broken up into intervals. Breaks may be taken for various periods of time, without affecting the final result. Taking such breaks will not cause any loss of enlargement that has already been gained. The device can also be worn at night at your discretion and comfort however it may become detached during sleep, in which case, simple remounting of the device would be required. If the extender is applied throughout the day, loose-fitting boxer shorts or trousers can be worn over the device.

CAUTION:

The following precautionary measures must be observed while using the X4 Labs Extender: It must not be applied or worn during bowel movements or urination. In addition, refrain from using it during physically demanding activities such as sports or sexual intercourse. The X4 Labs Extender should never be worn after consuming alcohol, euphorants or pain-killers. Any broken or contaminated tissue on or around the penis is at risk for infection. If any lacerations do become open or infected, cease usage of the product until the penis is completely healed. Should there be any physical pain, bluish discoloration or numbness of the penis, or any other signs of abnormality, the extender must be loosened and removed immediately. Never over tighten the support strap or noose. It should “hug” the penis, but not “choke” it. If using the silicone noose the comfort pads should be used.

It is best to wear the extender in areas where bodily movement and exercise are easily monitored and minimized. For instance, avoid areas where movement may cause a risk of falling; apply caution when climbing stairs, walking on slippery surfaces, etc... Do not wear the extender when using any type of machinery, especially while operating motorized vehicles, bicycles or hot objects such as boiling water.

INSTRUCTIONS FOR ASSEMBLY WITH ILLUSTRATIONS OF THE VARIOUS COMPONENTS

(See Fig. 1) The X4 Labs Extender is made of a basal plastic ring (1) with an indentation in place for the corpus spongiosum. This ring is mounted around the base of the penis. Two metal screws are attached to the base ring for manual traction support; both these screws have left-handed (reverse) threads (2-3). The tension can be increased by turning the screws in a clockwise direction. The spring mounted traction system is contained inside both metal cylinders on each bar (4). At the end, the two mounting bars (and any extension bars) are bridged by a plastic support piece. The plastic support piece (5) has two slits through which the ends of the silicone comfort-strap are inserted. (see Figure 1)

Components 1-4 are preassembled upon delivery and never require disassembly. Short or long extension bars (depending on the size of the penis) can be added at any time. Extra extension bars may be required as growth of the penis occurs. The plastic support (5) is assembled by inserting the ends of the bars (4) into the large holes of the support, after which the support is pushed towards the basal ring (1). A sign that the support is firmly secured to the bars is when a click or snap is heard after pushing the support towards the base.

The plastic support piece (5) also includes two circular holes which can be used with an optional silicone noose as an alternative to the comfort straps included with the X4 Labs Extender. Note that the silicone noose is not included with the X4 Labs Extender and is not required to begin using the extender.

MOUNTING INSTRUCTIONS

(See Fig. 2) The X4 Labs Extender is mounted by placing the basal ring (1) around the base of the penis, thus aligning the two metal bars (2) parallel to the penis with one on either side. The penis head should rest on the bowl-shaped support piece (3). A loose loop is formed around the head of the penis by passing the two ends of the silicone comfort-strap (4) through the two slits in the plastic support (5). Before securely fastening the comfort-strap around the penis head, the plastic support (3) should be gently pushed towards the body in order to engage the two springs. The silicone comfort-strap is finally fastened around the penis head by pulling down the ends of the strap. The remaining extension bars can be added for further enlargement when required.

When using the silicone noose (not pictured and sold separately) instead of the comfort straps the noose must be attached to the support piece (5) using the 2 open holes on the end.

The kit also includes packages of comfort padding, in case you may feel discomfort while securing the extender in place. After opening the package, cut the required length of padding to wrap around the head of your penis 4-5 times. This will be sufficient padding to ease any discomfort.

INSTRUCTIONS FOR ADJUSTMENT

(See Fig. 3) When the **X4 Labs Extender** has been mounted, traction can be adjusted by turning the two thumbscrews (1) in an inward fashion. To see the actual traction force exerted, look at the cylindrical pistons (2) for a reading. The force of traction can be adjusted from 600 to 1800 g. Each measurement line on the piston gauge represents a traction force of 600 g. A traction force of 600-1200 g is suggested for the first 2-3 weeks of usage, during which the extender should not be used for more than 4-5 hours a day. After this initial period, force can be increased from 900 to 1800 g, and daily usage can also be increased to 6-12 hours.

PROBLEM SOLVING, QUESTION & ANSWERS

Q: "Why am I not getting a reading of the traction force on the piston?"

- A:
- Make sure you are using the longest sidebars with respect to your current flaccid penis size.
 - Before securing the comfort strap, make sure you press the plastic front piece toward yourself, causing the springs to slide into place.
 - Before turning the screws, make sure you leave a space of 1mm between the thumbscrews and both the plastic ring and pistons.

Q: "Do I have to wear the X4 Labs Extender daily and for how long?"

A: No, you can wear the X4 Labs Extender as you please. The results, however, depend on the total amount of hours worn. For optimum results, the extender should be worn a minimum of 3 hours a day.

Q: "Where can I get the best advice about this product?"

\A: Feel free to e-mail us at any time or for instant advice visit our penis enlargement forum:
<http://penisenlargementproducts.org>

Q: "Can the X4 Labs Extender be used after penis enlargement surgery?"

A: The X4 Labs Extender is recommended after penis enlargement surgery. Daily usage prevents retraction of the suspensory ligament. Patients recovering from surgery should consult a urologist.

PROBLEM SOLVING, QUESTION & ANSWERS (Continued)

Q: "Is the X4 Labs Extender effective for curing Peyronie's Disease (Curved penis)?"

A: The X4 Labs Extender reduces the degree of curvature; however, those with severe cases should consult a physician.

Q: "Will I lose penis girth if I gain length?"

A: No, the stimulation of the cells in conjunction with the X4 Labs Extender aids in the expansion of both penile girth and length.

Q: "Is it recommended to use oil or other products to lubricate the extender?"

A: The X4 Labs Extender does not require any products to keep it lubricated. Daily washing with warm water, however, is recommended.

Q: "Is growth Permanent?"

A: Yes, growth is 100% permanent.

USING AND DISMOUNTING THE X4 Labs EXTENDER

The X4 Labs Extender can hold the penis in any direction, except for lateral/sideway movements. If worn under a pair of loose fitting boxer shorts, the Extender becomes virtually unnoticeable. The device should be used while the penis is in a flaccid (soft) state. It can be used at night, but may become detached during sleep or uncontrolled erections. Should this occur, just remount the device once the erection has passed. The X4 Labs Extender is detached by loosening the silicone comfort-strap loop and simply removing it. The thumbscrews are to be turned in an outward fashion. When not using the extender, it can be left assembled or disassembled and stored in the box as desired.

CLEANING THE X4 Labs EXTENDER

Clean the extender once daily with regular soap and water. Oil based lubricants or cleaners are not recommended. A chlorhexidine alcohol solution of 0.5% may also be used for disinfecting purposes.

WARNING:

When the screws have expanded to their maximum, do not continue to turn the thumbscrews inward as this will cause disassembling. Do not use the device while performing bodily functions such as urination or defecation. The device should only be used while sitting down or during periods of light activity. Should there be any physical pain, bluish discoloration or numbness of the penis or any other signs of abnormality, the extender must be loosened and removed immediately.

WORLDWIDE WARRANTY

The X4 Labs Extender is covered by a lifetime warranty under the following conditions: The warranty covers claims which results only from defects in provided materials or workmanship. This warranty covers all parts except the comfort straps and silicone noose. Should a defect be discovered, the X4 Labs Extender must be returned to the dealer, accompanied by the completed warranty page. If the extender is broken/damaged, you may return the component for an exchange. Replacement parts are free however, shipping fees are not included. Shipping fees are 15\$ for North America and 39\$ for International.

SPARE PARTS

Base Assembly

Specially designed plastic ring attached to two metal bars that are adjustable from 2 to 4 inches.

Comfort Straps

Deluxe Comfort
Silicone Straps

Silicone Noose

Silicone Nooses
(compatible with the hybrid
support piece)

To Purchase spare parts, please visit:
<http://www.X4 Labs.com/spares.htm>

SPARE PARTS

Plastic Support

Hybrid Support -
Fits all sizes. Compatible
with the noose and strap.

Pads

Medical-Grade
Comfort Pads.

Packages Available

Package Deals

To Purchase spare parts, please visit:
<http://www.X4 Labs.com/spares.htm>

SPARE PARTS

Set of 1/2 inch Bars

2 x 1/2 inch precision
machined and engineered
Elongation Bars

Set of 1 inch Bars

2 x 1 inch precision
machined and engineered
Elongation Bars

Set of 2 inch Bars

2 x 2 inch precision
machined and engineered
Elongation Bars

Set of 3 inch Bars

2 x 3 inch precision
machined and engineered
Elongation Bars

WARRANTY CARD

Date of Purchase: _____

Dealer: _____

Dealer's Website (If Available): _____

Phone Number: _____

E-mail Address: _____

Address: _____

USEFUL LINKS

X4 Labs Homepage:
<http://www.X4 Labs.com>

Spare Parts:
<http://www.X4 Labs.com/spares.htm>

Penis Enlargement Forum:
<http://penisenlargementproducts.org>